



Laura Pearce
Headteacher

Thursday 4th June 2026

Dear Parents and Carers,

Year 6 MYME Transition Workshop

During this half term, Year 6 pupils will be taking part in two Transition Workshop delivered by our School Wellbeing Practitioners from My Young Mind Enfield (MYME), Enfield's mental health support team.

This is a universal programme designed to support all pupils in developing their understanding of emotions and how to manage them effectively. The workshops will explore common worries that children may experience when moving to a new school, as well as practical strategies to cope with these feelings and tools to help with problem-solving.

The sessions are designed to support every child and use well-established approaches. Pupils will learn helpful ways to understand their feelings, manage worries, and develop strategies to feel calmer and build confidence as they prepare for their move to secondary school.

Yours sincerely,

Tanya Saunders
Assistant Headteacher

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