

# Life After Loss

citizens  
advice

Enfield

## How has COVID-19 changed your life?

Can't afford  
funeral costs?

Weighed down by  
unexpected  
money problems  
and mounting debt?

Can't work  
due to  
COVID-19?

### You are not alone.

We can help you with:

- Immediate Emotional Support
- Bereavement Counselling.
- Fasttrack access to benefit, debt and universal credit advice.
- Emergency Relief Grants of up to £500.

Feeling  
overwhelmed?

Struggling to cope  
with grief after losing  
a loved one?

Need to talk  
about how you're  
feeling?



☎ 0300 330 1167

🌐 <https://citizensadviceenfield.org.uk/covid-19-life-after-loss>

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