

# HAZELBURY PRIMARY SCHOOL NEWSLETTER



FEBRUARY 2025



We have had much to celebrate and enjoy through the month of February at Hazelbury! We were delighted that our poet in residence, Paul Lyalls, worked with all of our Year Three pupils to teach them performance poetry skills ahead of their performance to parents. The performance was a great success and was enjoyed by all- even Paul who came to watch! As you are aware, oracy is at the heart of everything we do at Hazelbury and having opportunities to perform and for public speaking builds confidence and skills for the future.

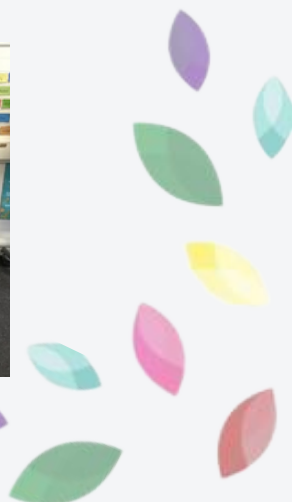
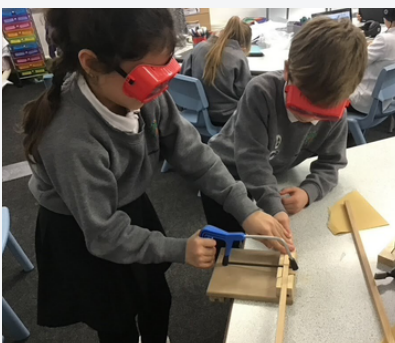
At Hazelbury we excel in sport and like to offer different opportunities to pupils; therefore a group of Year Four children enjoyed trying their hand at curling at a local Enfield schools event recently. We are also extremely proud of our boys football team who have won the league- they were undefeated throughout the competition and won a total of eight games! Well done boys!

We have had some amazing experiences to enhance children's learning this month. Year Two visited the Paddington Experience in London and Year One celebrated the diversity of cultures in their class and discussed their own culture. Year Five pupils took part in a technology and engineering workshop at one of our local secondary schools and to celebrate International Women in Science, Year Six pupils conducted experiments and learnt about some inspirational women in the field.

I hope everyone has a wonderful weekend and we look forward to welcoming a sunny March!

**Laura Pearce, Headteacher**

**REMINDER: We are excited for World Book Day on Thursday 6th March where children can come in wearing pyjamas to take part in our Hazelbury Bedtime Story! Don't forget to bring in your character story pegs- I am also looking forward to judging this competition and seeing how creative everyone is!**



# CHILDREN'S MENTAL HEALTH WEEK



This week, we have been focusing on Children's Mental Health Week, raising awareness about the importance of mental health in young people. This year's theme 'Know Yourself, Grow Yourself' encourages children to explore ways to express their feelings, build resilience and self-awareness and support each other. We held special oracy assemblies discussing the importance of talking about emotions and our children have been learning valuable skills that will help them thrive inside and outside school.

We believe that by working together, we can ensure every child feels supported and empowered to take care of their mental well-being. To support the conversation at home you can find useful resources and practical tips for nurturing mental health by clicking on the picture on the right.



## OUR AMAZON BOOK WISHLISTS

As excitement builds for World Book Day we have already been enjoying the generous book donations from parents. Laura has been hand delivering the books to classes and the children have been presenting their donations- generating much excitement to read the books! Thank you to everyone that has donated so far and if you would like to donate a book via our Amazon Wishlists, please click on the link below for your child's class.



<b>Little Berries Nursery</b>	<a href="#">Terrific Twos</a>	<a href="#">Blueberries</a>	<a href="#">Strawberries</a>		
<b>Reception</b>	<a href="#">Baker</a>	<a href="#">Oxford</a>	<a href="#">Carnaby</a>	<a href="#">Fleet</a>	<a href="#">Downing</a>
<b>Year One</b>	<a href="#">Richmond</a>	<a href="#">Greenwich</a>	<a href="#">Kew</a>	<a href="#">Hyde</a>	<a href="#">Alexandra</a>
<b>Year Two</b>	<a href="#">Lavender</a>	<a href="#">Tulip</a>	<a href="#">Daffodil</a>	<a href="#">Orchid</a>	<a href="#">Bluebell</a>
<b>Year Three</b>	<a href="#">Starling</a>	<a href="#">Sparrow</a>	<a href="#">Robin</a>	<a href="#">Dove</a>	<a href="#">Wren</a>
<b>Year Four</b>	<a href="#">Mars</a>	<a href="#">Venus</a>	<a href="#">Saturn</a>	<a href="#">Neptune</a>	<a href="#">Jupiter</a>
<b>Year Five</b>	<a href="#">Piccadilly</a>	<a href="#">Elizabeth</a>	<a href="#">Victoria</a>	<a href="#">Jubilee</a>	
<b>Year Six</b>	<a href="#">Kipling</a>	<a href="#">Seuss</a>	<a href="#">Dahl</a>	<a href="#">Carroll</a>	<a href="#">Potter</a>

CLICK ON THE ICONS BELOW TO FOLLOW US ON SOCIAL MEDIA



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School Website



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# KEEPING CHILDREN SAFE

## Spend regular screen-free time with your child

Your child desires your attention above all else. Spending regular screen-free time together will strengthen your relationship, will support your child's development and will have a direct impact on your child's mental health. Here are some top tips for spending screen-free time with your child:



### Monitor your own screen use

Be honest about your own screen use. Lead by example as much as you can.



### Turn devices off at family mealtimes

Including adults! Build this into your family's routine and spend the mealtime talking, eating and playing family games.



### Turn devices off at bedtime

Devices interfere with sleep hormone production. Spend time instead talking with your child, reading stories, listening to music, and encouraging calm independent entertainment.



### Build unstructured playtime into your child's routine

Let your child take the lead!



### Consider your child's 'play diet' and balance digital play with social play, creative play and active play

Children of all ages need social play, creative play and active play as part of their 'play diet'.

**Social play:** Social play is anything which involves interacting with others face to face. Examples include board games, group projects, or simply hanging out and talking.

**Creative play:** Creative play for younger children involves their imagination and pretend play. Creative play for older children more often involves innovation and exploration. Examples include pretend play, setting up a 'shop', putting on a show, music, art, Lego, science experiments and projects of all kinds. Creative play can be structured or unstructured.

**Active play:** Active play has physical activity at its core. Examples include structured sports and activities, playing tag, playing outdoors, riding a bike, skateboard or scooter, going for a walk, playing at a playground or having a kickabout at the park.

Source: [Play Diet – LearningWorks for Kids](#)



For further guidance and information for parents please head to the information on our school website by [CLICKING HERE](#).