

# Kit list

Please pack the kit needed for school journey with your child, they need to know where items are in the bag.

Luggage should be no bigger than 'cabin sized'.

- **Packed lunch for first day**
- Suitable clothes for outdoor activities (long sleeves and trousers)
- Underwear and socks
- Waterproof jacket/coat
- Gloves/hat in cold weather
- Closed toe, sturdy footwear (e.g. trainers)
- Pyjamas
- Toothbrush/paste
- Shower gel
- Towel
- Hair tie
- Water bottle
- Torch
- Board game/cards
- Snack for room
- **Sleeping bag and pillow**
- **Any medication you may need (must be given to adult)**
- Money for a souvenir or snack (No more than £5)

**All Electronic devices including phones must be left at home.**

## Top tips

- We supply all safety equipment such as helmets and harnesses. We only supply wetsuits where required, but you're welcome to bring your own.
- We recommend leaving jewellery, valuables and easily damaged items at home.
- Look for quick drying, light fabrics like fleece - avoid jeans, cotton and heavy fabrics.
- Flip flops, Crocs, sandals and wellies aren't suitable for our activities.
- Don't forget to label anything that might get lost!
- Don't bring your best clothes or shoes – they will get wet, muddy and worn!